

Until The Wheels Fall Off

MEDIA KIT

A MEMOIR OF
A POWERFUL JOURNEY OF LOSS, RESILIENCE, AND SELF-DISCOVERY

UNTIL THE WHEELS FALL OFF

GARY STEPHENS JR

*Commitment is not just something we promise
It's something we live.*

2G's
M E D I A

Inquires: team@2gsmediallc.com



What happens when your vow of “in sickness and in health” becomes your reality?

How do you keep standing when you've fought so hard — and still lose it all?

Can loss, grief, and gratitude truly coexist?

Until the Wheels Fall Off will make you cry, get angry, laugh, and feel something real.

Book Summary

“**Until the Wheels Fall Off**” is a memoir about what true commitment looks like—to yourself, to the people you love, and to the life you choose to pursue.

Through his storytelling, **Gary Stephens Jr.** takes readers on a journey through a 29-year relationship that began with the shared dreams of a young couple and evolved into a life defined by caregiving, sacrifice, and resilience. Together, they navigated women’s health challenges, infertility, and ultimately terminal illness, along with the strain those realities placed on their marriage. Yet, they remained committed to one another through every setback—until the end.

The title comes from his wife’s final words to him—and their relationship mantra that became a promise to stay committed “**Until the Wheels Fall Off.**” This memoir is the story of what happened when they did.

The memoir offers a rare and intimate look at grief from a man’s perspective—one shaped by the responsibilities of caretaking and the devastation of loss. Stephens reflects on losing his immediate family within six months, and going from a house full of life to being the only life left in the house. He describes how the grieving process became therapeutic—forcing him to look backward to understand his relationships, family dynamics, and life experiences as he learned how to move forward in his new life alone. Ultimately, this book is about endurance—what it means to keep going when life challenges everything you’ve built.

Until the Wheels Fall Off shows what commitment looks like when there is no clear path forward. Whether navigating loss, caregiving, or personal hardship, this memoir serves as a reminder that resilience is possible—and that commitment is not just something we promise, but something we live.

WHO THIS MEMOIR SERVES

- **Couples** who want to see what “for better or worse” truly looks like.
- **Caregivers** balancing compassion and exhaustion.
 - **Those** seeking insight about women’s health.
 - **Families** divided when support is needed most.
 - **Widows and widowers** learning how to live again.
- **Anyone** navigating life’s challenges and questioning their resilience.

Professional Reviewers Respect it. Readers feel it.



Professional Reviews

Blue Ink Review

"Until the Wheels Fall Off is the heartbreaking story of one man's struggle to support his wife through her cancer battle... Anyone who has had to contend with grief will find comfort and encouragement in the author's insight."

Clarion Review

"A moving widower's memoir, Until the Wheels Fall Off is about love, loss, and ongoing commitment."

Kirkus Reviews

"A chronicle of overcoming challenges, and moving on, rendered in unsparing and moving pros."

Early Readers Reviews

Denise H.

"Captivating and brilliant storytelling!! This memoir will have you locked in as soon as you begin reading the first chapter. This book had me in tears and there are so many things you can get out of this book. A MUST READ!"

Gary L.

"This book hit me in a way I wasn't ready for. Gary's story felt like listening to a man open his chest and show what real love, loss, and manhood look like when life stops playing fair. By the time I finished, I wasn't reading his journey, I was reflecting on my own, and grateful for a story that reminded me what strength, loyalty, and commitment truly mean."

Sandra C.

Gary's memoir touched my soul. Through these pages, I've learned what true commitment, devotion, and being selfless looks like. You keep pushing through and showing up even when it's not easy. I've learned being a man is not linear, Gary shows men can be vulnerable and strong, unsure and still capable of healing and growing at the same time. After reading this memoir, I am forever changed for the better and I know whoever reads this will be also.

Natalie R.

Until the Wheels Fall Off touched me in ways I didn't expect - leaving me inspired, reflective, and genuinely moved. From the very first page, I felt like Gary pulled me into his world and made it impossible to put the book down. This memoir isn't just powerful, it's unforgettable, and will stay with me long after I turned the last page.

Amir S.

I told Gary that his story was compelling enough to share with the world. He delivered in this memoir on what I have seen up close and personal. He will be showing us all what dedication and commitment looks like.





About the Author

Gary Stephens Jr.

Gary Stephens Jr. is an entrepreneur, author, and business and financial consultant with over 20 years of experience working with individuals, entrepreneurs, and high-end achievers. He is the founder of **SMG Consulting Group** where his work centers on financial literacy, strategic planning, and long-term personal development.

After experiencing profound personal loss, Stephens uses his memoir to share what the grieving process can look like when a life has been reshaped by tragedy. In “**Until the Wheels Fall Off**”, readers see how the same entrepreneurial discipline, problem-solving mindset, and financial awareness that shaped his professional life became critical tools in navigating the demands of caregiving, uncertainty, and emotional endurance.

His debut memoir represents a departure from his consulting work, offering an unfiltered look at love, commitment, resilience, and the realities of caretaking. Through his storytelling, Stephens presents healing as it truly unfolds — layered, nonlinear, and deeply personal — while emphasizing self-awareness, discipline, and the belief that growth can emerge even from life’s most painful moments.

www.garystephensjr.com

Visit to learn more about the author and to download a free preview of the book.

DISCUSSION THEMES & AUDIENCE RELEVANCE

Below highlights the core themes and conversation angles supported by *Until the Wheels Fall Off*, centered on commitment, caregiving, grief, resilience, and personal development, and designed to support meaningful dialogue rather than scripted promotion.

CORE THEMES

- Commitment — to yourself and your loved ones
- Caregiving and emotional labor
- Grief from a male perspective
- What “better and worse” truly looks like in a long-term marriage

KEY TALKING POINTS

- Why commitment is tested most when life becomes unpredictable
- How caregiving quietly reshapes relationships
- The silence around men’s grief and emotional survival
- The role grief played as a therapeutic process in healing
- Using an entrepreneurial mindset during grief—problem-solving, adaptability, and execution under pressure—to rebuild life

SPEAKING & DISCUSSION TOPICS

- Love, marriage, and long-term commitment
- Caregiving and family dynamics
- A man’s grief process and vulnerability
- Resilience and rebuilding
- Finding meaning after loss
- How entrepreneurship shaped decision-making during grief and recovery

IDEAL AUDIENCES

- Individuals seeking insight, healing, or personal growth through lived experience
- Podcast listeners (relationships, grief, men’s health, personal growth)
- Book clubs and libraries
- Faith-based and community groups
- Caregiver organizations
- Universities and discussion series

[CONTACT US >>](#)



team@2gsmediallc.com



www.2gsmediallc.com



646-681-2267



[@2gsmedia](https://www.instagram.com/2gsmedia)